



MEDICATIONS TO AVOID FOR ALLERGY SKIN TESTING

**We advise that antihistamines be avoided for 5 days prior to allergy skin prick testing.

**Below is a list of common antihistamines. This list is NOT all inclusive.

**Medications that say “sinus”, “allergy”, “cold and flu”, or sleep medications commonly contain antihistamines.

**There are some prescription medications that have antihistamine properties. Some of these cannot be abruptly stopped. If you have questions you can always ask your physician or pharmacist.

Oral Medications	Eye Drops	Nasal Sprays
Acrivastine	Alamast	Astelin
Alavert	Alaway	Astepro
Allegra	Alcaftadine	Azelastine
Atarax	Alocril	Cromolyn sodium
Benadryl	Alomide	Dymista
Brompheniramine	Azelastine	Olapatadine
Carbinoxamine	Bepostatine	Patanase
Cetirizine	Bepreve	
Chlorpheniramine	Cromolyn	
Chlor-Trimeton	Elestat	
Clarinx	Emadine	
Claritin	Emedastine	
Clemastine	Epinastine	
Cyproheptadine	Ketotifen	
Desloratadine	Lastacraft	
Diphenhydramine	Levocavastine	
Fexofenadine	Livostin	
Hydroxyzine	Lodaxamine	
Levocetirizine	Nedocromil	
Loratadine	Olapatadine	
Semprex-D	Optivar	
Vistaril	Pataday	
Xyzal	Patanol	
Zyrtec	Pazeo	
	Pemirolast	
	Pheniramine	
	Zaditor	